SaFE seminar: What should an intervention to promote safe sex and healthy relationships in Further Education look like?

Researchers on the SaFE (Safe Sex and Healthy Relationships in Further Education) project would like to invite you to a seminar bringing together professionals from research, policy and practice, to discuss the findings of the SaFE project and the next steps to promote safe sex and healthy relationships in Further Education. Event details are as follows:

2.30 - 5pm, Wednesday 5th October 2016
Committee Room 2
Glamorgan Building
Cardiff University
King Edward VII Avenue
Cardiff
CF10 3WT

The promotion of safe and healthy sexual behaviour and relationships is key to young people’s health and well-being. Yet despite research identifying high rates of sexually transmitted infections, unplanned pregnancies and sexual violence in the 16-19 year-old age group, and the rapid expansion of the FE sector, there remains very little investment in the promotion of safe sex and healthy relationships in FE settings.

Funded by the Medical Research Council’s Public Health Intervention Development Scheme, Cardiff University researchers have worked with the UK’s largest sexual health charity (Brook), the UCL Institute of Education, the London School of Hygiene and Tropical Medicine’s sexual health team, and students and staff in six FE settings, to develop SaFE, the first comprehensive safe sex and healthy relationships intervention for 16-19 year olds studying in FE settings.

Students and staff from six FE settings in England and Wales, and staff from Brook, participated in focus groups, interviews and questionnaires to give their views on the content and delivery of the SaFE intervention. This was structured around four potential components: (1) a student-led action group to lead institutional-level change; (2) sexual health services delivered on site; (3) staff training; and (4) sex and relationships education (SRE).

The seminar will present the findings from the SaFE project, sharing the views of FE students, FE staff and Brook staff on the design of the SaFE intervention. Attendees will also be invited to take part in an open discussion to give views on the content and delivery of staff training on safeguarding in relation to sexual health and relationships.

To register, please fill out the registration form at tinyurl.com/SaFEseminar

If you have any queries, please contact Dr. Honor Young: YoungH6@cardiff.ac.uk or Catt Turney: TurneyC@Cardiff.ac.uk